

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:45 Ecumenical Service 10:00 Catholic Communion-bdrm 2:00 Reminiscence-1st floor 2:00 Pool open 2:00 Movie 3:00 Dart's-1st floor 3:30 Yarn Club-Craft room</p> <p>1</p>	<p>Stat Day 10:00 Professor Cammy-Boardroom</p> <p>10:00 Hymn Sing-Chapel 11:15-11:15 Physio-1st floor 2:00 Art with Malcolm 2:00 Bingo-1st floor 2:00 Pool open</p> <p>2</p>	<p>9:30 pottery-craftroom 10:00 Darlene's Gift ware 10:45 Men's Luncheon 11:15 Rosary 11:30 Chair Yoga-3rd floor 2:00 Bridge 2:00 Pool open 2:00 Garden Party 3:30 Ice Cream 6:30 Time Travellers-1st floor</p> <p>3</p>	<p>9:00 Hairdresser open 9:30 Shopping at Billings Bridge 10:00 Floor Activities - 3rd floor 11:15/1:15 Physio-1st floor 2:00 Bingo-1st floor 3:00 Happy Hour 2:00 Pool open 6:30 Brennan on piano-1st floor</p> <p>4</p>	<p>9:00 Hairdresser open 9:00 Fishing with Andy 10:30 Catholic Mass 10:30 News& Views-Boardroom 11:30 ChairYoga-3rd 2:00 Aqua fit classes 2:00 Pool open 2:30 Wine Tasting-1st floor 2:30 Trivia-craft room 3:30 Joe Plays piano-1st fl 7:00 Euchre-1st floor</p> <p>5</p>	<p>9:00 Hairdresser open 9:30 Manotick shopping 10:00 Wii games-2nd floor 10:00 Assisted Phsio-3rd floor 11:15 Phsio-1st floor 2:00 Pool open 2:00 Entertainment with Manotick Brass Band-1st floor 3:00 Happy Hour-1st floor 6:45 Documentary Ch 69 7:00 Bingo with Greer</p> <p>6</p>	<p>10:00 Bingo-1st floor 10:00 Avon Sales 11:00 Tai Chi-3rd floor 1:30 Free Manicure-1st floor 2:00 Movie-Theatre room "Life" 2:00 Pool open 3:00Scrabble-craftroom 3:30 Croquet-1st floor 6:45 Lawrence Welk-Channel 69</p> <p>7</p>
<p>9:45 Ecumenical Service 10:00Catholic Communion-bdrm 2:00 Reminiscence-1st floor 2:00 Pool open 2:00 Movie "Life" 3:00 Bean Bags-1st floor 3:30 Yarn Club-Craft room</p> <p>8</p>	<p>8:15 Foot Care Nurse 9:00 Blueberry picking 10:00 Professor Cammy-Boardroom 10:00 Hymn Sing-Chapel 11:15-11:15 Physio-1st floor 2:00 Art with Malcolm 2:00 Pool open 2:00 Bingo-1st floor 2:30 Movie-channel 69 3:00 Happy Hour</p> <p>9</p>	<p>9:30 pottery-craftroom 9:30 Manotick Shopping 11:15 Rosary 11:30 Chair Yoga-3rd floor 2:00 Bridge 2:00 Pool open 3:30 Ice Cream 4:00 Darts 6:30 Armchair Travel to Scotland-theatre room</p> <p>10</p>	<p>9:00 Hairdresser open 9:30 Shopping at Walmart 10:00 Floor Activities - 3rd floor 11:15/1:15 Physio-1st floor 2:00 Bingo-1st floor 2:00 Pool open 2:00 -4:00 Tour of the New Suites 3:00 Happy Hour 3:00 entertainment with George on pinao-1st floor</p> <p>11</p>	<p>9:00 Hairdresser open 9:30 Rideau Carleton Slots 10:30 News& Views-Boardroom 11:30 ChairYoga-3rd 1:30 Bus to NOWHERE??? 2:00 Pool open 2:00 Aqua fit classes 2:30 Trivia-craft room 3:30 Joe Plays piano-1st fl 7:00 Euchre-1st floor</p> <p>12</p>	<p>9:00 Hairdresser open 9: 30 Manotick shopping 10:00 Wii games-2nd floor 10:00 Assisted Phsio-3rd floor 11:15 Phsio-1st floor 2:00 Pool open 2:00 Entertainment Karaoke1st floor 3:00 Happy Hour-1st floor 6:45 Documentary Ch 69 7:00 Bingo with Greer</p> <p>13</p>	<p>10:00 Bingo-1st floor 11:00 Tai Chi-3rd floor 1:30 Free Manicure-1st floor 2:00 Movie-Theatre room "Life" 2:00 Pool open 3:00Cribbage-craftroom 3:30 Horse shoes-patio 6:45 Lawrence Welk-Channel 69</p> <p>14</p>
<p>9:45 Ecumenical Service 10:00 Catholic Communion-bdrm 2:00 Reminiscence-1st floor 2:00 Pool open 2:00 Movie "Life" 3:00 Dart's-1st floor 3:30 Wii-2nd floor</p> <p>15</p>	<p>10:00 Professor Cammy-Boardroom 10:00 Hymn Sing-Chapel 11:15-11:15 Physio-1st floor 2:00 Crime prevention-boardroom 2:00 Art with Malcolm 2:00 Bingo-1st floor 2:00 Pool open 2:30 Movie-channel 69 3:00 Happy Hour</p> <p>16</p>	<p>9:30 pottery-craftroom 10:30 BBQ lunch at Sue Farm 11:15 Rosary 11:30 Chair Yoga-3rd floor 2:00 Bridge 2:00 Pool open 3:30 Ice Cream 4:00 Darts 6:30 Time Travellers-1st floor</p> <p>17</p>	<p>9:00 Hairdresser open 9:30 Shopping at Orleans (bank St) 10:00 Floor Activities - 3rd floor 11:15/1:15 Physio-1st floor 2:00 Pool open 2:00 Bingo-1st floor 3:00 Happy Hour</p> <p>18</p>	<p>9:00 Hairdresser open Multigen Dental 9:30 Merrickville for the Day 10:30 News& Views-Boardroom 11:30 ChairYoga-3rd 2:00 Aqua fit classes 2:00 Pool open 2:30 Trivia-craft room 3:30 Joe Plays piano-1st fl 7:00 Euchre-1st floor</p> <p>19</p>	<p>9:00 Hairdresser open 9:30 Manotick shopping 10:00 Wii games-2nd floor 10:00 Assisted Phsio-3rd floor 11:15 Phsio-1st floor 2:00 Pool open 2:00 Entertainment with Luc Carriere-1st floor 3:00 Happy Hour-1st floor 6:45 Documentary Ch 69 7:00 Bingo with Greer</p> <p>20</p>	<p>10:00 Bingo-1st floor 11:00 Tai Chi-3rd floor 1:30 Free Manicure-1st floor 2:00 Movie-Theatre room 2:00 Pool open 3:00Scrabble-craftroom 3:30 bean bags-1st floor 6:45 Lawrence Welk-Channel 69</p> <p>21</p>
<p>9:45 Ecumenical Service 10:00 Catholic Communion-bdrm 12:00 -3:00 Family BBQ Day Entertainment by the Caring Clowns and sing along with Margie</p> <p>22</p>	<p>8:15 Foot Care Nurse 10:00 Professor Cammy-Boardroom 10:00 Hymn Sing-Chapel 11:15-11:15 Physio-1st floor 2:00 Art with Malcolm 2:00 Bingo-1st floor 2:00 Pool open 2:30 Movie-channel 69 3:00 Happy Hour 7:00 Runaway Fashion show</p> <p>23</p>	<p>9:30 pottery-craftroom 9:30 Papanak Zoo & lunch 11:15 Rosary 11:30 Chair Yoga-3rd floor 12:00 Mrs P's Handbags 1st 2:00 Bridge 2:00 Pool open 3:30 Ice Cream 4:00 Darts</p> <p>24</p>	<p>9:00 Hairdresser open 9:30 Shopping at Carlingwood /lunch 10:00 Floor Activities - 3rd floor 11:15/1:15 Physio-1st floor 2:00 Bingo-1st floor 2:00 Pool open 3:00 Happy Hour 3:00 entertainment with George on pinao-1st floor 6:30 Brennan on piano-1st floor</p> <p>25</p>	<p>9:00 Hairdresser open 9:00 Fishing with Andy 10:00 Ecu Service Kim Vidal 10:30 News& Views-Boardroom 11:30 ChairYoga-3rd 1:30 Bus to NOWHERE??? 2:00 Aqua fit classes 2:00 Pool open 2:30 Trivia-craft room 3:30 Joe Plays piano-1st fl 5:45 Osgoode Legion Bingo</p> <p>26</p>	<p>9:00 Hairdresser open 9:30 Manotick shopping 10:00 Wii games-2nd floor 10:00 Assisted Phsio-3rd floor 11:15 Phsio-1st floor 2:00 Pool open 2:00 Entertainment with Jack Birthday Bash-1st floor 3:00 Happy Hour-1st floor 6:45 Documentary Ch 69 7:00 Bingo with Greer</p> <p>27</p>	<p>10:00 Bingo-1st floor 11:00 Tai Chi-3rd floor 1:30 Free Manicure-1st floor 2:00 Movie-Theatre room 2:00 Pool open 3:00 Cribbage -craft room 3:30 Mini putt-patio 6:45 Lawrence Welk-Channel 69</p> <p>28</p>
<p>9:45 Ecumenical Service 10:00 Catholic Communion -bdrm 2:00 Reminiscence-1st floor 2:00 Pool open 2:00 Movie 3:00 Dart's-1st floor 3:30 sight seeing /walking</p> <p>29</p>	<p>10:00 Professor Cammy-Boardroom 10:00 Hymn Sing-Chapel 11:15-11:15 Physio-1st floor 11:15 Lunch at KFC 2:00 Art with Malcolm 2:00 Bingo-1st floor 2:00 Pool open 2:30 Movie-channel 69 3:00 Happy Hour</p> <p>30</p>	<p>9:30 pottery-craftroom 9:30 Manotick Shopping 11:15 Rosary 11:30 Chair Yoga-3rd floor 2:00 Bridge 2:00 Pool open 3:30 Ice Cream 4:00 Darts 6:30 Time Travellers-1st floor</p> <p>31</p>	<h1>August 2010</h1>			