

MONTH :

Feb-10

	Monday, February 01, 2010	Tuesday, February 02, 2010	#####	#####	Friday, February 05, 2010	#####
	Monday	Tuesday	Wednesday	Thursday	Wear Red Friday	Saturday
	10:00 Professor Cammy- Boardrm 10:00 Hymn Sing- Chapel 11:15 Physiotherapy - 1st floor 1:15 Physiotherapy - 1st floor  2:00 Bingo 2:00 Art with Malcolm 2:00 Free Manicures	9:30 Pottery- craft room 11:15 Rosary Prayer chapel 11:30 Chair Yoga - 3rd floor 10:45 Mens Luncheon 3:00 Edith- 3rd floor 2:00 Bridge 3:30 Ice Cream	9:30 Shopping at Billings Bridge 10:00 3rd Floor Activities with Sue 11:15 Physiotherapy- 3rd floor 2:00 Bingo- 1st floor 3:00 Happy Hour- 1st floor	9:15-11:45 Massage Students 10:30 Catholic Mass 11:30 News & Views- Board Room 11:30 Chair Yoga-3rd floor 1:30 Kempville art Gallery 2:00 Bridge 2:30 Wine tasting with Vineyards 3:30 Joe plays piano 7:00 Euchre- 1st floor	9:30 Manotick Shopping 10:30 Assisted Physio 2:00 Music with Roxy Swan 3:00 Happy Hour- 1st floor 7:00 Documentary Movie	10:00 Bingo- 1st floor 11:00 Tai Chi -3rd floor 2:00 Movie - Theatre room
Sunday, February 07, 2010	Monday, February 08, 2010	Tuesday, February 09, 2010	#####	#####	Friday, February 12, 2010	#####
Sunday	Monday	Tuesday	Wednesday	Thursday	Wear Red Friday	Saturday
9:30 Ecumenical Service- Chapel 11:15 Catholic Communion- Chapel  2:00- Movie- Theatre Room	10:00 Professor Cammy- Boardrm 10:00 Hymn Sing- Chapel 10:30 Valentines Cookie making 11:15 & 1:15 Physiotherapy - 1st floor 2:00 Bingo 2:00 Art with Malcolm 2:00 Rideau Carleton Slots 2:00 Free Manicures 3:00 Slides with Isabelle	9:30 Pottery- cr 9:30 Manotick Shopping// 11:15 Rosary 11:30 Chair Yoga - 3rd floor 2:30 Resident Council Meeting 2:00 Bridge 3:30 Ice cream Cart 4:00 Trivia 6:00 Time Travellers Band	9:30 Shopping at Walmart 10:00 3rd Floor Activities with Sue 11:00 5th Avenue Jewellery 11:15 Physiotherapy- 3rd floor 2:00 Bingo- 1st floor 3:00 Happy Hour- 1st floor 3:00 George on Piano	9:15-11:45 Massage Students 10:30 News & Views- Board Room 11:00 Red Lobster 11:30 Chair Yoga-3rd floor 2:00 Bridge 3:30 Joe plays/ Valentines Party 7:00 Euchre- 1st floor 7:00 Childrens Choir practice	9:30 Manotick Shopping 10:30 Assisted Physio 2:00 Music with Manotick Brass Bands 3:00 Happy Hour- 1st floor 7:00 Documentary Movie	9:00 Moose Creek Fleece 10:00 Bingo- 1st floor 11:00 Tai Chi -3rd floor 2:00 Movie - Theatre room 2:00 Mary Kay Mother Daughter makeovers for Valentines
Sunday, February 14, 2010	Monday, February 15, 2010	Tuesday, February 16, 2010	#####	#####	Friday, February 19, 2010	#####
Sunday	Monday( Family Day)	Tuesday	Wednesday	Thursday	Wear Red Friday	Saturday
Valentines Day 9:30 Ecumenical Service- Chapel  11:15 Catholic Communion- Chapel 1:00 Aviation Museum Swing band 2:00- Movie- Theatre Room	10:00 Bingo  <b>Stat day</b>  2:00 Family Movie	9:30 Pottery- craft room 10:00 Rideau Hall & lunch  11:15 Rosary Prayer chapel 11:30 Chair Yoga - 3rd floor 2:00 Bridge 3:00 Edith- 3rd floor 3:30 Ice cream Cart 4:00 Trivia	9:30 Shopping at Giant Tiger 10:00 3rd Floor Activities with Sue  11:15 Physiotherapy- 3rd floor 2:00 Bingo- 1st floor 3:00 Happy Hour- 1st floor 7:00 Hymn Sing	9:15-11:45 Massage Students 10:00 Pam's Travelling gifts  10:30 News & Views- Board Room 2:00 Nepean Museum 2:00 Bridge - 1st floor 3:30 Joe plays piano 7:00 Euchre- 1st floor	9:30 Manotick Shopping 10:30 Assisted Physio  2:00 Music with Stanley Frank 3:00 Happy Hour- 1st floor 7:00 Documentary Movie	10:00 Bingo- 1st floor 11:00 Tai Chi -3rd floor  2:00 Movie - Theatre room
Sunday, February 21, 2010	Monday, February 22, 2010	Tuesday, February 23, 2010	#####	#####	Friday, February 26, 2010	#####
Sunday	Monday	Tuesday	Wednesday	Thursday	Wear Red Friday	Saturday
9:30 Ecumenical Service- Chapel 11:15 Catholic Communion- Chapel 2:00- Movie- Theatre Room	9:00 Walker clinic 10:00 Professor Cammy- 2nd floor 10:00 Hymn Sing- Chapel 11:15 & 1:15 Physiotherapy - 3rd 2:00 Bingo 2:00 Art with Malcolm 2:00 Rideau Carleton Slots 2:00 Free Manicures 3:00 Armchair travel to Galapagos	9:30 Pottery- craft room 9:30 Manotick Shopping 11:15 Rosary Prayer chapel 11:30 Chair Yoga - 3rd floor 2:00 Bridge 2:00 Cliff Scott 3:30 Ice cream Cart 4:00 Trivia 6:00 Time Travellers Band	9:30 Shopping at Carlingwood 10:00 Avon 10:00 3rd Floor Activities with Sue 11:15 Physiotherapy- 3rd floor 2:00 Bingo- 1st floor 3:00 Happy Hour- 1st floor 3:00 George on Piano	10:00 Ecu Service- Rick Marples 10:30 News & Views- Board Room 11:30 Chair Yoga-3rd floor 2:00 Bridge 2:00 Osgoode Historical Society 3:30 Joe plays piano 7:00 Euchre- 1st floor	9:30 Manotick Shopping 10:30 Assisted Physio 2:00 Music with Jack 3:00 Happy Hour- 1st floor 7:00 Documentary Movie	10:00 Bingo- 1st floor 11:00 Tai Chi -3rd floor 2:00 Movie - Theatre room
Sunday, February 28, 2010						
Sunday						
9:30 Ecumenical Service- Chapel 11:15 Catholic Communion- Chapel 2:00- Movie- Theatre Room						